

# SEND

## Welcome to the Summer issue of the SEND Newsletter, 2023

Following the newsletter survey in 2022, "FIND" becomes "SEND" from this issue, as suggested by our readers. The new name better reflects what the newsletter is about, and we hope it will be easier for families new to the world of SEND to discover.

5th – 11th June is Carers' Week, the annual campaign to raise awareness of the challenges that unpaid carers face and the contribution they make to their families and communities. Details of activities taking place for Carers' Week, plus local support groups for parent carers, can be found inside.

We also have details of lots of local activities and groups for children and young people with SEND. If you know of any other inclusive clubs or groups, or a really good, accessible day out that you would recommend to others, please get in touch and we can include them in a future issue.

Finally, Fathers' Day is on Sunday 18th June this year – we hope you all have a great day!

If you or a member of your family would like to write an article for a future issue of SEND, we would love to hear from you. Please contact us at **FIND@lancashire.gov.uk**

Thank you for your continued support

**Sarah Deady**

Policy, Commissioning and Children's Health

 [www.facebook.com/LancashireLocalOffer](https://www.facebook.com/LancashireLocalOffer)



To be a good parent, you need to take care of yourself so that you can have the physical and emotional energy to take care of your family.

**Michelle Obama**



## INSIDE

- 2-3. Break Time short breaks
- 4-6. Carers' Week
- 7. Lancashire Parent Carer Forum
- 11. Sign Hi Say Hi!
- 15. Looking ahead to Transition
- 19. Children and Young People's Participation Strategy
- 20. DanceSyndrome
- 21-22. Young Adults
- 23. Down's Syndrome Association WorkFit programme  
Learning Disability Week
- 25. Lancashire SEND Partnership
- 27. Lancashire County Council contact details  
Newsletter working group update



**Unique Kidz Ltd**

# KIDZ CLUB

Are you looking for a place for your child to socialise and make friends?

Is your child aged between 5 and 18 years old with a disability or additional need?

Did you know you can use your Breaktime Membership at our clubs?

**Spaces available now at our Afterschool Club!**

Monday - Friday Term Time  
3pm-6pm

Collection available from local specialist and mainstream schools

If you are interested or would like some more information please contact Beth, our Kidz Club Manager.  
01524 831132  
kidzclub@uniquekidzandco.org.uk  
Reg. Charitv Number: 1131652 Ofsted Reg. Number: EY486367

## IT'S SLIME FOR FUN SEN SESSIONS

**Children & Young People with SEN Age 4-18**

**- Feel good fun**  
- Crafts, cooking, outdoor play, games  
- Acquiring life skills  
- Boosting self esteem  
- Sense of belonging  
- Building relationships

**Experienced Team**  
- Fellow SEN parents

WHO US

### SING, PLAY, DANCE, SHINE

**Saturdays and School Holidays 9am-12noon 12noon-3pm**

**Whitewell Bottom Community Centre Burnley Road East Whitewell Bottom Rossendale BB4 9LB**

**Call Klair on 07841744020 or email slimeforfuninfo@gmail.com**

TIME VENUE BOOK

**Break Time and Break Time Plus Provider**

Department for Education

COMMISSIONED BY LANCASHIRE COUNTY COUNCIL

Lancashire County Council

sportworks

play games
 make friends
 inclusive
 have fun

# LANCASHIRE BREAK TIME

**LOCATIONS ACROSS BURNLEY, CHORLEY, FYLDE, LANCASTER, PRESTON & WEST LANCASHIRE**

Inclusive Multi Sport & Activity Short Breaks programme, available for children and young people registered with Lancashire Break times.

For more information, or to book your child's place, contact: [connor.howlett@sportworksltd.co.uk](mailto:connor.howlett@sportworksltd.co.uk)

## INCLUSION AT INSPIRE

### Every Sunday 2:30pm - 5:30pm

**Exclusively for young people with Special Educational Needs and Disabilities, Inspire Youth Zone offers a range of opportunities and sessions to ensure young people are able to get the most out of the time they spend with us.**

- Our inclusion team are dedicated to providing support for all young people with a disability up to the age of 25.
- The team make sure that each and every young person who attends the youth zone can get involved in the activities they want to, regardless of their abilities and have access to progression opportunities, trips, clubs and projects.
- We understand that some young people will have more specific needs to enable them to be able to access the same opportunities as others. Work with an Engagement Worker to develop bespoke activity plans based wherever possible, on their areas of interest.
- Be able to bring their Personal Assistant onto session with them in line with our PA policy, to help with any personal care or 1:1 needs.

**You can use your Breaktime hours here too!**

Inspire is a Lancashire Breaktime provider and receives funding from Lancashire County Council when parents/carers choose to use their breaktime allocation with us. This is very important for the sustainability of Inspire and we want to encourage parents/carers to utilise their breaktime funding wherever possible.

For more information, you can scan the QR code or email our Inclusion Team at [michelle.graham@inspireyouthzone.org](mailto:michelle.graham@inspireyouthzone.org) OR [bethany.henry@inspireyouthzone.org](mailto:bethany.henry@inspireyouthzone.org)

INSPIRE Inspire Youth Zone, Chapel Street, Chorley, PR7 1BS  
www.inspireyouthzone.org 01257 228888 @InspireYouthZone



## Lancashire Short Breaks Service

# Break Time

Break Time provides fun group activities to children and young people aged 4-18, living in Lancashire, who have a special educational need and/or disability (SEND). Activities take place after school, at weekends and during school holidays and give parents and carers a short break from their caring role.

### Registrations

Registrations for Break Time took place in January and February this year. Since then, a large number of families have been in touch who had missed the deadline. In response, we were able to reopen the registration form on 15th May, to allow a further opportunity to apply.

The number of Break Time places is limited, so the form will close at midnight on Friday 2nd June and no further applications will be accepted for the current year (April 2023 to March 2024).

Registrations are processed in the order they are submitted and parents will receive a letter in the post over the coming weeks, to confirm the outcome.

All Break Time members must re-register annually if they wish to continue their membership.

Registrations for 2024/25, for both existing and new members, are expected to open in October 2023. Details will be shared closer to the time, on the Local offer website and facebook page, in this newsletter and through nurseries, schools and colleges.

### Break Time Providers

Since January, we have introduced a number of new providers, giving more choice to families that use the service. There are now 41 Break Time provisions across the whole of Lancashire, delivered by 22 individual providers.

We are still working to expand the range of activities available to your children and young people. If you know of an organisation that may be able to deliver Break Time activities, please ask them to contact the Short Breaks Team – details below.

We are also working with our Break Time providers to support children that have additional medical, personal care or other needs, helping to make Break Time activities even more inclusive.

### Other opportunities

Break Time activities provide valuable support to families in Lancashire, however there are other clubs and groups also available for children and young people with SEND. These include before and after school clubs, holiday play schemes, Early Years groups and the weekly Colourful Voices and SEND Youth Groups that are delivered across Lancashire.

The Council also provides free activity sessions during the summer holidays, through the Holiday Activity and Food (HAF) Programme. Whilst HAF is delivered for all children in receipt of benefits-related free school meals, places are also available for children with special education needs and disabilities who are not receiving free school meals. More information on HAF can be found at: [www.lancashire.gov.uk/children-education-families/school-holiday-activities](http://www.lancashire.gov.uk/children-education-families/school-holiday-activities)

Full information on Break Time, including how to register your child, can be found on the Local Offer at: [www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/things-to-do/break-time](http://www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/things-to-do/break-time)  
Contact the Short Breaks Team at [cyp-shortbreaks@lancashire.gov.uk](mailto:cyp-shortbreaks@lancashire.gov.uk)  
Or call us on 01772 538077

If you feel your child needs more support than Break Time provides, you can request a Child & Family assessment, so we can fully understand and identify the best way to meet their needs. Call 0300 123 6720 to request an assessment.

### Break Time Plus

Break Time Plus enables children and young people who receive a social care package of support following an assessment, or who are in the care of Lancashire County Council or another local authority, to access group activities as part of their package of care.

You do not need to register for Break Time Plus – speak to your child's social worker or allocated worker, or visit the Local Offer page: [www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/things-to-do/break-time-plus](http://www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/things-to-do/break-time-plus)





**“I really love my daughter,  
but no one gets just how  
overwhelming it can feel.**

**I wish they knew what  
it's really like to be a carer.”**

Unpaid carers can feel invisible to even the people closest to them. That's why we want to make sure carers are recognised and supported in their communities.

Carers UK is a charity registered in England & Wales (248320) & Scotland (SC039307).  
A company limited by guarantee 864087. Registered office 20 Great Dover Street, London SE1 4LX.



Visit [carersweek.org](http://carersweek.org) to find out more and to get involved



### 5-11 June 2023

We're pleased to announce that this year Carers Week will be taking place from 5-11 June 2023, with charities, organisations and individuals getting together to show support for the millions of unpaid carers in the UK - and to spread the word about the challenges they face throughout the year and what needs to be done to improve their daily lives.

Carers Week is an annual campaign to raise awareness of caring and help people who don't think of themselves as having caring responsibilities to identify as carers and access much-needed support.

The campaign is brought to life by thousands of individuals and organisations who come together to provide support for carers, run activities and highlight the vital role carers play in our communities.

The theme for Carers Week 2023 is 'Recognising and supporting carers in the community'.

This Carers Week, we want communities across the UK to come together to recognise the huge contribution unpaid carers make to society. Politicians, employers, health and social services, businesses, education providers and members of the public all have a role to play in raising awareness of caring and making sure carers are able to access the information and support they need.

Find out more at:  
[www.carersweek.org](http://www.carersweek.org)



## Carer [noun]

/ˈkeərə(r)

[1] Cares (unpaid) for family or friends who have a disability, illness or who need support in later life:  
Washing them. And their laundry. And their dishes.  
Keeping appointments. And records. And tempers.  
Giving medicine. And time. And hugs.  
Filling forms. And fridges. And silences.  
Dealing with doctors. And nurses. And pharmacists.  
And social workers. And benefits agencies.  
And care workers. And a lack of sleep.

[2] Needs support to manage a life of their own.

### Looking after someone?

Find out about the help and support available at [carersweek.org](http://carersweek.org)

Carers Week has been made possible by Carers UK working with five other national charities.  
Carers UK is a charity registered in England and Wales (248320) and in Scotland (SC039307) and a company limited by guarantee 864087. Registered office 20 Great Dover Street, London SE1 4LX.



**“No one gets why  
my homework's  
sometimes late.**

**I wish they knew what  
it's really like to be a carer.”**

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Visit [carersweek.org](http://carersweek.org) to find out more and to get involved



5-11th JUNE 2023  
**Carers Week 2023**

'Recognising and supporting carers in the community'

### Cupcake Decorating

Learn how to make cupcakes that not only taste great, but also look great too! Rukhsana will demonstrate decorating cupcakes using various skills and styles. It's then over to you to create your own masterpieces. You will get the chance to ask for any hints and tips throughout the session. Only £5 per person.

Monday 5th June,  
 10am - 1pm,  
 Carers Link Community Facility,  
 Accrington

### Confidence and Resilience Course

This course is for anyone who wants to understand how they can improve their own emotional intelligence and resilience in order to gain more self-confidence. It teaches broad life skills and positive patterns of thinking.

Tuesday 6th June,  
 1pm - 4pm,  
 Northlight, Brierfield, BB9 5NH

### Knit and Natter

Why not relax and explore a new hobby? Whether you're an expert or a beginner, feel free to join our session where you can learn how to knit or crochet, and meet new people. All materials will be provided.

Wednesday 7th June,  
 11am - 1pm,  
 Carers Link Community Facility,  
 Accrington

### Dealing with Stress Course

This course examines the causes and impact of activities that may be stressful for you. You will be able to understand your own reaction to stress and how to use practical coping strategies to manage it more positively and proactively.

Thursday 8th June,  
 1pm - 4pm,  
 Northlight, Brierfield, BB9 5NH

### Afternoon Tea and Singalong

Join us at our Community Facility for afternoon tea, followed by a singalong by Inspire for only £5 per person! To book please contact us at: [activities@carerslinklancashire.co.uk](mailto:activities@carerslinklancashire.co.uk)

Friday 9th June,  
 11am - 1pm,  
 Carers Link Community Facility,  
 Accrington

For those living in East Lancs and registered with Carers Link

**Carers Link Lancashire**  
 IMPROVING LIFE FOR CARERS

**Spectrum of Light**  
 You are not alone

*'you are not alone'*

**Spectrum of Light Rossendale is a parent carer support group of children whom have extra needs**

**MONDAY EVENINGS 7.00PM - 9.00PM**

Come along to our safe space with people who are in similar positions. Make friends, give and take away advice. £2 donation, refreshments are provided.

For more information contact **Julie** on  
**07968 057954**  
[info@spectrumoflightrossendale.co.uk](mailto:info@spectrumoflightrossendale.co.uk)



Everyone Matters is a new group for parents and carers of children and young adults with disabilities or SEN needs, You are welcome to join us every Tuesday afternoon at 1-3pm. Everyone Matters provides a friendly, safe and supportive environment for you to come and meets others.

Brave Church, Watson St,  
 Oswaldtwistle BB5 3HH

Phone: 01254 372771

Email: [hello@bravechurch.co.uk](mailto:hello@bravechurch.co.uk)  
 Website: [www.bravechurch.co.uk](http://www.bravechurch.co.uk)

## CALLING ALL PARENTS OF DEAF CHILDREN



**Burnley Boys and Girls Club**  
 Barden Lane BB10 1JQ

**Monday 23rd January 11-1pm**  
 and fortnightly thereafter

**Come and join us for a brew and a chat. Everyone welcome.**

FOR MORE INFO OR HELP WITH TRANSPORT CALL  
 RIFFAT ON 07891 251234.



# TimeOut

Are you a parent or carer of a child with SEN or other Additional Needs? Do you need a safe space to chat or seek help/advice from others who are going through the same?

Meet up with us on **Wednesdays** from **9.15-11.30** at **Highfield Neighbourhood Centre** (Wright Street, PR6 0SL. 01257 516466)

For more information, contact Kat at [kat.timeout@outlook.com](mailto:kat.timeout@outlook.com) or search **TimeOut (Chorley) Support Group** on Facebook.

Lancashire  
County Council



Children and Family  
Wellbeing  
Service

Wednesdays 1-2:30pm

Support group for parents, grandparents & carers of children with additional needs

Come for a cuppa and a chat about joys & challenges  
Share ideas with other parents & carers  
Guest Speakers

Park Neighbourhood Centre  
Barnes Road, Skelmersdale, WN8 8HN

## Trinity Parent Carer Group

for parents and carers of children and young people with special needs or disabilities.

*Join us for an informal chat with other parents and carers to share information and support.*

### Face to face Meetings

2nd Thursday each month 9:30-11:30 am

St Annes Pastoral Centre,

Prescot Rd, Ormskirk L39 4TG

2023 Face 2 Face meeting dates

April 13 <sup>th</sup>	May 11 <sup>th</sup>	June 8 <sup>th</sup>	July 13 <sup>th</sup>
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### Virtual Meetings *via Zoom*

4<sup>th</sup> Tuesday each month 8-9pm

2023 Zoom meeting dates

April 25 <sup>th</sup>	May 23 <sup>rd</sup>	June 27 <sup>th</sup>	July 25 <sup>th</sup>
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Email [trinitysnap17@gmail.com](mailto:trinitysnap17@gmail.com) for a Zoom invitation

## All Welcome

NB please check TrinitySNAP on Facebook for any possible date changes due to school holidays *Trinity Special Needs Advice Partnership* [Trinitysnap17@gmail.com](mailto:Trinitysnap17@gmail.com)



## Parents and Carers Tea and Coffee Morning

Last Wednesday of the Month **From 10-12pm**

Guest speakers each month covering a wide range of topics here at Twinkle House.

**Starting 25th January 2023**

To book a place or for more information, please contact Belinda Moreland via email: [wellbeing@twinklehouse.co.uk](mailto:wellbeing@twinklehouse.co.uk) OR call 01695 455625

Twinkle House- Wellness and Sensory Centre  
2 Corsey Place, East Gillibrands, Skelmersdale, WN8 9UP



## Lancashire Parent Carer Forum – Update



### Developing the Parent Carer Forum

Between October and the end of March, the Parent Carer Forum have been working with a Contact Associate, Maureen Morris, to develop the reach and sustainability of the Forum after COVID19.



We have doubled our membership and recruited more parent carers to work with us.

To join our membership database, go to our

website:

<https://www.lancashireparentcarerforum.org.uk>

and sign up for information and opportunities to help shape services.

### National NNPCF / Contact Conference 2023

At the end of February, Lancashire parent carers were represented at the annual National Conference of the National Network of Parent Carers and Contact by two representatives. Here, our Chair, Sam Jones,

is discussing what should be ordinarily available across the country for children and young people with additional needs, with MP Claire Coutinho,

Parliamentary Under Secretary of State (Minister for Children, Families and Wellbeing). The Minister's responsibilities include:



SEND including high needs funding, Alternative provision, Children's social care, Children in care, children in need and child protection, Adoption and care leavers, Early years and childcare, Family hubs and early childhood support, disadvantaged and vulnerable children, Children and young people's mental health.

### LPCF Annual Event

In March, the Parent Carer Forum held an Annual



Event, which was well attended and we recruited nine more parent carers to work with us and council and health practitioners to help shape services for our children, young people and families.

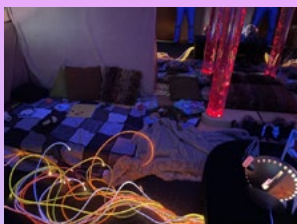
### Local SEND Events



We are continuing to work with SEND IAS and other agencies and practitioners from across the SEND Partnership to bring Local SEND events to each district in Lancashire. Watch out for one in your area. We would love to see you there! For information see our Facebook page, Lancashire Parent Carer Forum.

# Preston Sensory Rooms

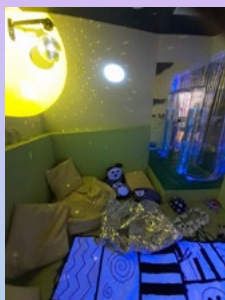
**1hour free session  
Available to book now**



Preston Central  
call 01772 531948

Ribbleton  
call 01772 539444

Preston East  
call 01772 539420



**Just call the centre to book**



**Lancashire**  
County Council

Preston Central Neighbourhood Centre  
Brieryfield Road, Preston, PR1 8SR

Preston East CFW Services  
Brookfield Primary School, Watling Street Road, Preston, PR2 6TU

Ribbleton CFW Services  
Ribbleton Hall Drive, Ribbleton, Preston, PR2 6EE



# COLOURFUL FOOTSTEPS

Children and Family  
Wellbeing  
Service

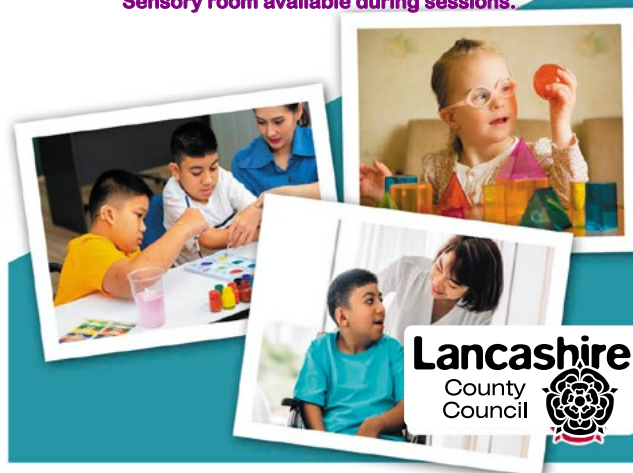
These sessions are for children  
Age 0-5years with physical, learning,  
behavioural and emotional difficulties  
along with their parents, and offers an  
inclusive environment, with opportunities  
for learning development and support.

**Tuesdays 1:00pm-2:30pm**

**Preston Central Neighbourhood Centre, Brieryfield Road,  
Preston, PR1 8SR.**

**Telephone:- 01772-531948**

**Sensory room available during sessions.**



**Lancashire**  
County Council

# COLOURFUL FOOTSTEPS

Children and Family  
Wellbeing  
Service

These sessions are for children  
Age 5-11yrs with physical, learning,  
behavioural and emotional difficulties  
along with their parents, and offers an  
inclusive environment, with opportunities  
for learning development and support.

**Thursday 3:30-5:00pm**

**Preston East CFW Services, Brookfield Primary School, Watling  
Street Road, Preston, PR2 6TU. Telephone: 01772539420**

**Sensory room available during sessions.**



**Lancashire**  
County Council



# This is us! Youth club

**Every Monday  
6:45pm - 9pm**

**Ribbleton neighbourhood centre  
PR2 6EE**

[Prestontys@lancashire.gov.uk](mailto:Prestontys@lancashire.gov.uk)

**A fun and safe youth club for young people aged  
12-25 with special educational needs and disabilities.**



CAROUSEL MUSIC AND  
MOVEMENT  
PRESENTS MINDFUL MUSIC

# SEND KIDS and TEENS Music Workshops

Every Wednesday starting from

**17/05/2023**

Age 5-10 5:30pm-6:30pm

Age 11-16 6:30pm-7:30pm



£5 entry per child and each child must be accompanied by an adult. Contact Claudette for a sign up form on [07516514622/info@carouselmusic.org](mailto:07516514622/info@carouselmusic.org)



At Emmanuel Methodist United Reformed Church  
38 Derby St, Ormskirk L39 2DE

13-18 YEAR OLDS

## TEENAGER DROP IN

1 hour Sensory Session in our Space 2 room for teenagers with additional needs and their parents/ carers

**First Saturday of each Month**

4:00 PM - 5:00 PM

£5 per teenager £1 Per adult

Please note, service users must be supervised by carers at all times. Younger siblings are not able to attend this session

[www.creativespacecentre.org](http://www.creativespacecentre.org)

## COLOURFUL FOOTSTEPS

Children and Family  
Wellbeing  
Service

For children aged 5-11yrs

Support for children with physical, learning, behavioural and emotional difficulties along with their parents/carers. The session aims to offer an inclusive environment with opportunities for learning, development and support.



For more information  
Find us on Facebook  
@ CFW West Lancs  
Scan the QR code



Tuesday - 3:30 - 4:45  
Park Neighbourhood Centre, Barnes Road,  
Skelmersdale, WN8 8HN

Wednesday - 3:30 - 4:45  
Burscough Neighbourhood Centre, Station  
Approach, Burscough, L40 0RZ



Lancashire  
County  
Council



## BOOST

Lancashire  
County  
Council



## NURTURE YOUTH GROUP



A SAFE SPACE TO HAVE FUN,  
LEARN NEW SKILLS AND MEET  
NEW PEOPLE

SCHOOL YEARS 7+

MONDAY // 5:45PM UNTILL 8PM

FOR MORE INFO CONTACT

EMAIL:

[WESTLANCS.TYSGLANCASHIRE.GOV.UK](mailto:WESTLANCS.TYSGLANCASHIRE.GOV.UK)





## DEAF AND HARD OF HEARING FOOTBALL SESSIONS



Football sessions in a fun, safe and inclusive environment for Children and Young People aged from 4 to 16 years

Older members also have opportunities to enrol on FA Coaching Courses and become future role models.

Coaches are FA Enhanced DBS Cleared and have qualifications in First Aid and Safeguarding, with additional qualifications in Deaf Awareness and BSL

Training is 6~7 pm on Fridays at Lostock Hall Community Primary School, PR5 5AS.

To Enrol or for further information, please contact:  
Darryl: darrylcartwright@btinternet.com

In association with



Ashton Community Science College



To Enrol or for further information, please contact:  
Darryl: darrylcartwright@btinternet.com

## COLOURFUL FOOTSTEPS

Children and Family Wellbeing Service

### For Children with SEND

This 6-week course aims to use nurturing principles to develop the social and emotional skills and resilience and self confidence of identified children, to enable them to thrive at home, at school and with peers

We have availability for KS1/KS2 aged children. Please call 01772 532930 for criteria, and/or to book on.

These sessions will be held at our West Paddock Neighbourhood Centre PR25 1HR.



## COLOURFUL FOOTSTEPS

Children and Family Wellbeing Service

These sessions are for children age 5-11yrs with SEND (or undergoing assessment) and offers an inclusive environment, with opportunities for learning development and friendship, and a place where parents can access peer support

Wednesdays 3:30-5:00  
Duke Street Neighbourhood Centre  
Duke Street  
Chorley  
PR7 3DU

Ask at reception or call  
01257 516316/516466  
for more information



## Come join us for our UNITE youth groups

A social group for young people with special educational needs and disabilities. We have groups in Chorley and South Ribble on Mondays 6:30-8:30pm

A group where you can make new friends and learn valuable social skills and just come to have FUN!

Providing a safe and welcoming environment for young people aged 12-25 years with special educational needs and disabilities. The group aims to work on life skills, improve communication skills, self-confidence & self-esteem in a group work setting.

(Parents/Carers are welcome to attend initial sessions)

**\*\*Please contact before coming to the group\*\***

Contact us for more details on:  
[chorleysouthribble.TYS@lancashire.gov.uk](mailto:chorleysouthribble.TYS@lancashire.gov.uk)







funded  
through



## Activity Programme June - July 2023

Activities for deaf\* children & young people.

\*Deaf includes all levels of hearing loss (mild/moderate/severe/profound) including unilateral deafness (affecting only one ear) and temporary deafness such as glue ear.

### Sunday 11th June

**Penny Farm** 11.00am – 2.00pm

World Horse Welfare, Penny Farm, Preston New Road, Blackpool, FY4 5JS

There will be a tour around the centre and we have paid for the groom a pony session for each child. Children are likely to be split into 2 groups one having the tour whilst the other group are grooming to ensure everyone has a turn. There is a coffee shop which will be open at the centre. All ages.

### Tuesday 20th June

**Low Ropes/Gladiator Challenge** 5.45pm – 8.15pm  
Outdoor Revolution, Stanley Park, West Park Drive, Blackpool, FY3 9HU

Children will be split into 2 groups and so they will have the opportunity to have time on the low ropes and the Gladiator Challenge on the high ropes. Please ensure that they have suitable clothing and footwear. Ages 5 years and above.

### Sunday 2nd July

**Blackpool Zoo** 11.00am - Flexible  
East Park Drive, Blackpool, FY3 8PP

Everyone needs to arrive promptly as we will all meet at 11.00am and enter the zoo together. Families are then at their leisure to explore the zoo. If the weather is good it would be nice to bring a picnic and meet up for lunch. The charge for this event is £5.00 per adult and children are free. All ages. **THIS EVENT NOW HAS A RESERVE LIST**

### Programme funded by people's health lottery using money raised through the health lottery in the North West

Sign Hi Say Hi! – Fylde, Wyre & Blackpool Deaf Children's Society for any child who is deaf or has a hearing impairment, their siblings and families  
Activities £1.00 per child (unless otherwise stated), Under 5's are free

To book on to the activities please contact **07437 335 655** or email [signhisayhi@ndcsgroup.org.uk](mailto:signhisayhi@ndcsgroup.org.uk)

Many children or young people find they are the only deaf child or young person in their school and at Sign Hi Say Hi! they are with other young deaf people.

We also occasionally run life-skills workshops for deaf young people. We also offer new parents whose children have just been identified as deaf informal parent to parent support.

### About Us

Sign Hi Say Hi! is a group of local families with deaf/hearing impaired children & young people. It is a charity run by parents and grandparents/carers with deaf children. We run a Club for deaf/hearing impaired children/young people, their families, siblings, parents, carers and friends. Sign Hi Say Hi! is affiliated to the National Deaf Children's Society (NDCS). All deaf and young people are welcome from birth to young adults whether they choose to communicate by speech/BSL/sign supported English etc.

Deaf children/young people meet, take part in activities such as sport, craft, workshops and simply be together. Parents /carers can have a coffee and socialise with other families or can book their child in beforehand and collect their child later. If you have a younger child or baby you are welcome just to drop in for a chat for 20 minutes or so.

The Club meets term time – most events are held Tuesday evenings 6.00pm to 8.00pm and occasionally events are held at the weekend – we try and vary where we meet up and have a range of activities to appeal to different ages. If you don't want to come to the Club but would like a committee member to call you please ring **07437 335655** or email [signhisayhi@ndcsgroup.org.uk](mailto:signhisayhi@ndcsgroup.org.uk)

### Membership

We receive no local or government funding and rely on attracting grants and donations to run the Club. so we have to charge for membership (£5.00 per family a year).

### Child Protection

Sign Hi Says Hi! takes Child Protection very seriously and has Child Protection Policies and Procedures in place. We also have a designated Child Protection Officer.

We are a registered charity number 1037445



## A - TEAM (S.E.N.D Group)

Providing a safe and welcoming environment for young people aged 12 - 19 (up to 25 with special educational needs and disabilities S.E.N.D).

MAKE NEW FRIENDS?

ANXIOUS OR WORRIED?

IMPROVE YOUR CONFIDENCE?

The group aims to work on life skills, improving communication skills, self-confidence & self-esteem in a group work setting.

**MONDAY**

**6:30pm - 8:30pm**

Fleetwood Children & Family Wellbeing Centre  
Milton Street  
Fleetwood  
FY7 6QW  
Call Michelle on —  
Tel: (07929) 665227

Places are limited, so please contact us to check availability.  
Scan here to register.



Like WYRE YOUTH ZONE for news, updates and latest info.

## COLOURFUL FOOTSTEPS

Children and Family Wellbeing Service

We provide sessions for children with physical, learning, behavioural and emotional difficulties. This is where Parents & Carers can meet and make new friends and share experiences with those going through similar joys and challenges. In partnership with Peartree School.

Friday 1:00-14:30

Children & Family Wellbeing Service  
Chapel Walks  
Kirkham  
PR4 2TA  
01253 741117



## COLOURFUL FOOTSTEPS

Children and Family Wellbeing Service

We provide sessions for children with physical, learning, behavioural and emotional difficulties. This is where Parents & Carers can meet and make new friends and share experiences with those going through similar joys and challenges.

Tuesday 15:30-17:00  
Children & Family Wellbeing Service  
Sydney Street  
Lytham St Annes  
FY8 1TR  
01253 741117

(Minimum 16p)



## Teen Seen - (S.E.N.D Group)



Providing a safe and welcoming environment for young people aged 12 - 19 (up to 25 with special educational needs and disabilities S.E.N.D).

MAKE NEW FRIENDS?

ANXIOUS OR WORRIED?

IMPROVE YOUR CONFIDENCE?

The group aims to work on life skills, improving communication skills, self-confidence & self-esteem in a group work setting.

**TUESDAY**

**6:30pm - 8:30pm**

Fylde Children & Family Wellbeing Centre  
Chapel Walks  
Kirkham  
PR4 2TA

Call Jasmine on  
Tel: (07929) 722375

Places are limited, so please contact us to check availability.  
Scan here to register.



Like FYLDE YOUTH ZONE for news, updates and latest info.



# Colourful Footsteps

Lune Park Neighbourhood Centre,  
Ryelands Park, Owen Road,  
Lancaster, LA1 2LN

**Wednesday 1pm - 2.30pm**



Do you have a child with additional needs/disabilities?

Struggle to find activities/groups that are inclusive of their needs?

Need to boost your child's learning and development?

Feel that you would benefit from meeting others with shared experience?

Then this is the group for your child and you.

**Lancashire County Council**

For more information contact us on 01524 581280

# Poulton Sensory Room

Clark Street, Morecambe, LA4 5HR



**FREE TO BOOK FOR AN HOUR.**

Come and play with our sensory toys.  
Dim the lights.  
Play soothing music.  
Take time to chill.

**Lancaster and Morecambe Family Zone**

For more information contact us on 01524 581280

**Lancashire County Council**



# EASY Group

Morecambe Library

A Targeted Youth Support Group for young people with SEND aged 12-25

**6.15 TO 8.30 PM**

**Every Monday**

Games, Trips, Food, Confidence, Friendship...

**EXCITEMENT  
ACCEPTANCE  
SELF-CONFIDENT  
YOUTH**

**Lancashire County Council**

to book: contact Claire Armer 07717815062

Learn more Facebook @Lancasteryouthzone

# Mega Moves to Music for Adults

- Sound Boccia
- New Age Kurling
- Dancing with instructors
- Karaoke
- Parachute
- Make friends & socialise
- ... and much more!

Grimsargh Village Hall, Preston Road, Grimsargh, PR2 5JS  
Wednesdays 1:30 - 3pm



**OJ's**

For children and adults with autism and additional needs.

# Family Club

- Safe indoor and outdoor areas
- Tuck shop
- Indoor and outdoor activities
- Sensory rooms
- Go Karts
- ... and much more!

Hillside Special School, Longridge, PR3 3XB

Saturday 11-3:30pm (School holidays - Tues, Thurs, Fri, Sat)



For more information and to book please visit [www.ojscare.org](http://www.ojscare.org)

Registered charity 1119863



# COLOURFUL FOOTSTEPS

Children and Family Wellbeing Service

This session is to support primary school age children with physical, learning, behavioural and emotional difficulties offer an inclusive environment, with opportunities for learning development and support.

This is also where parent carers have the opportunity to meet make new friends and share experiences with those going through similar joys and challenges.

Colourful Footsteps - Burnley  
 Day - Friday  
 Session time - 3.30pm-5.00pm  
 Venue - Burnley Central Centre, Whittam Street, Burnley

For more information, please call  
 01282 470707



# UNIQCORNS

MONDAY EVENINGS  
 7 PM TILL 9 PM

## Burnley

**FOR MORE INFORMATION CONTACT:**  
**AMANIA.HASSAN@LANCASHIRE.GOV.UK**  
 07989750474

**QADEER.AHMED@LANCASHIRE.GOV.UK**  
 07710164310

**EXPLORING POTENTIAL**

**12-19+**  
 (UP TO 25 YEARS OLD  
 FOR SEND YOUNG PEOPLE)

**OPEN TO ALL YOUNG PEOPLE WITH  
 PHYSICAL, LEARNING, EMOTIONAL,  
 WELLBEING NEEDS AND SEND.**

Lancashire County Council MyWall.com

Lancashire County Council

Children and Family Wellbeing Service

# Colourful Voices

Pendle

## Special Education Needs/Disability Youth Group 12yrs - 19yrs+

Monday 7pm - 9pm

For more information please contact  
 Ashy on 07876790731 or email  
 mohammed.arshad@lancashire.gov.uk  
 or Qadeer on 07770764310 or email  
 qadeer.ahmed@lancashire.gov.uk

# COLOURFUL FOOTSTEPS

Children and Family Wellbeing Service

Fridays 4pm - 5.30pm  
 Colne Neighbourhood Centre,  
 Walton Street, BB8 0EL

A fun session for children aged 5-11, with physical, learning, behavioural and emotional difficulties (including those undergoing assessment). Colourful Footsteps takes place in an inclusive environment, with opportunities for learning, development and support. This is also where parent carers have the opportunity to meet and make new friends, and share experiences with those going through similar joys and challenges.







### Transition phases

When preparing your child or young person for transition from nursery to primary school, primary school to high school and from high school to post sixteen or further education it is important to make sure that things go smoothly so whatever the phase it is important to start planning early. You know what your child's needs and anxieties are better than anyone else.

#### Nursery to primary school

The transition to school from nursery can be a stressful time for children, not to mention for parents too. Here are some suggestions to help your child be 'school ready' and to make this transition a smooth, happy, and effective one. Keep child focused.

- Build a good relationship with the school staff
- Visits to school. This will increase your child's confidence. Ask the Head Teacher or SENCO how this will be provided.
- Create a book of photos of key areas and people in school e.g., the classroom, cloakroom and toilets, class teacher, teaching assistant and dinner lady if possible.
- Create a school role play area at home
- Read books on 'going to school' or create your own social situation stories. Your local library will be able to help you source some of these.
- Talk about the change as a good thing
- Develop your child's independence with things like toileting, hand washing, dressing and eating

#### Primary school to high school

##### Year 6

Before your child starts at their new school extra visits can be arranged by liaising with the SENCO and Transitions Officer. This can help your child gain familiarity with their new school. It might be possible for a familiar adult to go with them on the first visit and you can ask that a fellow classmate going to the same school be placed in the same class.

Your child's information should be passed by primary school to the secondary school and all teaching staff should be made aware of your child's needs. Talk to the SENCO to find out how this will be done.

##### Year 7

Schools encourage independence but some children can have support initially through a buddy system to help them get from one lesson to the next without getting lost.

Lunch and break time clubs can be a refuge if your child doesn't like to be on a noisy and crowded playground. Is there somewhere quiet they can go if they need time to calm down? Do school give time out if needed.

Homework can be one of the most difficult things to cope with initially. Will your child need help writing their homework instructions down? Homework is usually given out at the end of the lessons and as the children are eager to move on to the next lesson or more importantly lunch time it might get missed. Maybe your child can have some help to write it in their planner, could it be given out halfway through the lesson instead or emailed so that you can keep track of it. If your child has problems with homework, ask if there is a homework club where help is available during or after school time.

#### High school to post 16 provision

There are several options for young people for post 16 opportunities

To stay in full-time education – Your child could take a range of subjects that lead to qualifications that keep their options open, like GCSEs or A levels. Courses like T Levels or BTEC allow them to focus on a chosen career area like construction, healthcare, science or digital careers. Some careers may require specific qualifications, so help your child to do some research into where the course they are interested in might lead.

- A levels
- T Levels
- Technical and vocational qualifications
- Applied qualifications
- Exam retakes

Combine work and study and gain practical skills, get work experience and a qualification that employers are looking for.

- Traineeships
- Supported internships
- Apprenticeships
- School leaver schemes

If your child has an EHCP it is important that planning for post 16 transition starts early. The year 9 review should be the starting point for discussion about their aspirations. See our factsheets entitled Post 16 and Preparing for Adulthood

**SENDIAS Helpline Number 0300 123 6706 - open 9 – 5,  
 Monday – Friday**

Email - [information.lineteam@lancashire.gov.uk](mailto:information.lineteam@lancashire.gov.uk)

**[www.facebook.com/LancashireSENDinformation](http://www.facebook.com/LancashireSENDinformation)  
 AdviceandSupportTeam**

# COLOURFUL FOOTSTEPS

Children and Family Wellbeing Service

We also provide sessions in our centres for children with physical, learning, behavioural and emotional difficulties offer an inclusive environment, with opportunities for learning development and support. This is also where parent carers have the opportunity to meet make new friends and share experiences with those going through similar joys and challenges.

**Venue, Date and Time**

**The Zone**, Old Fire Station, Rawtenstall BB4 8EW  
 Every Monday 3.30-5.00pm  
 To book your place email to:  
 Rossendalegroupwork@lancashire.gov.uk



Arts and Crafts

COOKING



Bingo

Games

The Zone Burnley Road Rawtenstall BB4 8EW

Contact Jo Riding 07939372418  
 joanne.riding@lancashire.gov.uk



www.facebook.com/rossendaleyouthzone



# SNAP

**HYNDBURN'S SEN/D YOUTH GROUP**  
 A CHANCE FOR YOUNG PEOPLE WITH ADDITIONAL NEEDS TO COME TOGETHER, LEARN, DEVELOP AND HAVE FUN.

EVERY MONDAY FROM 6:45PM TILL 8:45PM  
 AT NEW ERA, ACCRINGTON  
 FOR AGES 12 TO 25 WITH ADDITIONAL NEEDS

FOR MORE INFORMATION, CONTACT:  
 CFWHYNOBURNOUTHWORK@LANCASHIRE.GOV.UK

# COLOURFUL FOOTSTEPS

Children and Family Wellbeing Service

Colourful Footsteps is a group that supports children with Special Educational Needs and Disabilities in several areas including being independent, learning new skills, to name a few. We have lots of fun in our sessions as well by playing games and creating our own crafts. We aim to provide a safe welcoming environment for young people aged 5-11 years (SEND).

We support with

- Emotions
- Independent thinking
- Learn new skills
- Building confidence
- Improving communication
- Improving self esteem

EVERY TUESDAY AT THE NEW ERA  
 ACCRINGTON  
 4-5PM  
 Please call 01200 420460 or message our page to book your place







**RIBBLE VALLEY SEND GROUP**

**BRIGHT STARS**

**MONDAY 7PM TILL 8:30PM**

CONTACT SIMON ON:  
[SIMON.WHIPPER@LANCASHIRE.GOV.UK](mailto:simon.whipp@lancashire.gov.uk) OR  
 07825144536

**Lancashire County Council**

HYNDBURN AND RIBBLE VALLEY TARGETED YOUTH SUPPORT SERVICE



**YOUTHCAN**

**EVERY TUESDAY NIGHT**

**6:45 PM TILL 8:45PM**

**FOR AGES 12 TO 19 YEARS OR UP TO 25 WITH ADDITIONAL NEEDS**

A SAFE SPACE TO TALK, GET ADVICE, PROJECT WORK AND HAVE FUN!

LONGRIDGE YOUNG PEOPLE'S CENTRE  
 BERRY LANE, OLD FIRE STATION PR3 3JP

FOR MORE INFORMATION, CONTACT  
[CFWHYHNDURNYOUTHWORK@LANCASHIRE.GOV.UK](mailto:CFWHYHNDURNYOUTHWORK@LANCASHIRE.GOV.UK)

**Lancashire County Council**



**Phab**  
 MAKING MORE OF LIFE TOGETHER  
 SINCE 1957  
 Charity No 283931

**Whalley Phab Club!**  
 For families of children aged 5 to 15 both disabled and non-disabled.  
 A place where families can meet, make friends and have fun!

**Saturdays, twice a month**  
**4.00pm – 5:30pm**  
 Only £2.50 per child  
 Juice, tea and coffee provided

**We meet at:**  
 Whalley Village Hall,  
 Accrington Rd, Whalley,  
 Clitheroe, BB7 9TD  
 Come along and join the fun!

**Games, Sports, Arts & Crafts, Music, Parties, Sensory Tent and More!**

Interested?  
 Contact – Rebecca on 07875 140898  
[rebecca.hargreaves@phab.org.uk](mailto:rebecca.hargreaves@phab.org.uk)  
 or find us on Facebook!  
 WhalleyJuniorPhab

Phab inspires and supports children and adults Both disabled and non-disabled to make more of life together  
 Visit: [www.phab.org.uk](http://www.phab.org.uk)

**Whalley Junior Phab Club**

Whalley Junior Phab Club is an inclusive social club for families with children aged up to 15 years old, disabled or non-disabled, from all over Lancashire. Our Phabulous volunteers organise a wide range of activities such as discos, arts and crafts, music, games, tuck shop and special guests. Some of the families have also taken part on the national Phab holiday projects at specialist outdoor education centres. All families are welcome to come along, have fun and make new friends.

We meet twice a month on a Saturday from 4.00pm – 5.30pm at Whalley Village Hall, Whalley, Near Clitheroe, Lancashire.

**Our 2023 dates are:**

April 22nd & 29th	September 9th & 23rd
May 13th & 27th	October 14th & 28th
June 10th & 24th	November 11th & 25th
July 8th & 22nd	December 9th
August No Club.	

Cost: Admission is £2.50 per child and drinks are provided.

For further details please contact **Rebecca Hargreaves** on **01254 824784** or [rebecca.hargreaves@phab.org.uk](mailto:rebecca.hargreaves@phab.org.uk)

the **autism** show  
in partnership with **braininhand**

in association with **National Autistic Society**

**London** 9-10 June 2023 | ExCeL  
**Birmingham** 23-24 June 2023 | NEC  
**Manchester** 7-8 July 2023 | Manchester Central

Learn about their communication  
Interact with their interests  
Build relationship with parents -  
teachers and plus communication.

**FIND THE LATEST INFORMATION & PRACTICAL ADVICE**

HEAR THE UK'S LEADING AUTISM PROFESSIONALS

ACCESS ONE TO ONE SPECIALIST SUPPORT

LEARN FROM AUTISTIC ADULTS

INTERACT WITH INNOVATIVE FEATURES

DISCOVER 100s OF HELPFUL PRODUCTS & SERVICES

**Book your tickets now and save 20%**  
Follow us on  [twitter](https://twitter.com/autismshow) [www.autismshow.co.uk](http://www.autismshow.co.uk)

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Media Partners:    
Accredited by: 

Children and Family **Wellbeing Service**

**Get advice and support**

Someone to talk to  
Problems at home/school  
Jobs and training  
Apprenticeships  
Staying safe online  
Sex and health  
Relationships

Mental Health  
Self Harm  
Bullying  
Drugs and alcohol  
Things to do  
Housing, rights and money  
What age can I?

[facebook.com/LancashireYZ](https://facebook.com/LancashireYZ)  
[twitter.com/LancashireYPS](https://twitter.com/LancashireYPS)  
You can contact us 365 days a year  
**2pm to 10pm**

**Age 0-19**  
(up to 25 for young people with learning difficulties or disabilities)

**talk zone**  
Text 07786 511111  
Talk online [lancashire.gov.uk/youthzone](http://lancashire.gov.uk/youthzone)  
Call 0800 511111

**Lancashire**  
County Council 

[www.lancashire.gov.uk](http://www.lancashire.gov.uk)

**The Kentown Children's Palliative Care Programme was launched in November 2022.** This is a community focused children's palliative care initiative in North West England covering Lancashire and South Cumbria. Aiming to reach the growing numbers of children and young people with life-limiting conditions in the region and to ensure that every family gets the right care and support, care is designed and delivered around the unique needs of every family.



*Together for seriously ill children and their families*

The Kentown Children's Palliative Care Programme is a collaborative programme between Together for Short Lives, The Kentown Wizard Foundation and Rainbow Trust Children's Charity. There are now 4 palliative care specialist nurses, 2 Rainbow Trust support workers and 2 family service coordinators in the team. You can read more about the team on the Kentown Support website:  
**[www.kentownsupport.org.uk](http://www.kentownsupport.org.uk)**



The programme is busy with the team accepting referrals from across the region and working with other children's palliative care services, including children's hospices, to ensure that families have access to care and support and accessible information so they can make informed choices about their child's care.

Referrals can be made by any health or social care providers and families can also self refer. Any questions about the programme or about how to make a referral can be sent to **[enquiries@kentownsupport.org.uk](mailto:enquiries@kentownsupport.org.uk)**





A new strategy outlining how children and young people will be supported to participate in decisions and services that affect them was launched at County Hall, Preston on the 17th February.

The Children and Young People's Participation Strategy applies to all children and young people in Lancashire and talks about best practice in terms of how they are involved in decisions that affect their own lives, all the way up to supporting how services develop strategically to benefit others in the future.

## Children and Young People's Participation Strategy

The strategy has been written with children and young people and with staff who work across a variety of different services.

The Launch event was presented by young people from Lancashire Youth Council, LINX, the Children in Care Council and the Care Leaver Forum as well as POWAR, the SEND Forum for children and young people in Lancashire. It introduced a model of participation called the Lundy Model and we spent time getting creative and exploring what that model means in different circumstances and settings.

To find out more about the strategy and how children and young people could get involved in POWAR, please go to: [www.lancashire.gov.uk/children-education-families/children-and-young-peoples-participation](http://www.lancashire.gov.uk/children-education-families/children-and-young-peoples-participation)

Or you can follow us on Twitter @LancsCYPVoice

**Clare Smith**  
Youth Policy Strategic Lead  
Lancashire County Council



### Do you want your voice to be heard?

We are young people in Lancashire passionate about improving the NHS for other young people.

- We meet on a monthly basis on a Wednesday at Education Centre 1 in Royal Preston Hospital
  - Develop your skills whilst volunteering
  - We meet for 2 hours from 6pm to 8pm
    - For ages 11-18yr

Everyone is welcome, come along if you want your voice to be heard.



Excellent care with compassion

Youth Voice  
Email: [Youth.Voice@LTHTR.nhs.uk](mailto:Youth.Voice@LTHTR.nhs.uk)



Join Us

### A Youth Voice and Influence group for young people with SEND

A space to raise issues of importance to young people with SEND. Make changes across Lancashire to improve services and have fun!!!

#### Where



- Monday's  
131 Brindle Road, Bamber Bridge, Preston, PR5 6YJ



- Tuesday's  
The Zone in Burnley, Whittam Street, Burnley, BB11 1LW



- Wednesday's  
Morecambe Library, Central Drive, Morecambe, LA4 5DL

#### When

- 4:30pm to 6:00pm ages 8-15
- 6:30pm to 8:00pm ages 16-25

#### Who

- Any young person diagnosed or undiagnosed with SEND

Contact Suliman Hussain at [suliman.hussain@lancashire.gov.uk](mailto:suliman.hussain@lancashire.gov.uk)

## Inspirational local charity opens new dance session in Blackburn

### An inspirational local charity is excited to be launching a brand new, inclusive dance session in Blackburn town centre.

DanceSyndrome is a multi-award-winning dance charity that was founded by Jen Blackwell, who has Down's syndrome. The charity was formed because Jen found it difficult to find opportunities in community dance that were accessible to people with learning disabilities. DanceSyndrome's ethos is that disability should never be a barrier to following your dreams. All DanceSyndrome sessions are disability led, with people with learning disabilities taking visible Dance Leader roles to inspire people to see what can be achieved when we all become more inclusive.

The new weekly "Everybody Dance" session in Blackburn will open at Wesley Hall Methodist Church on Feilden Street, starting on Monday 15th May from 1pm-2pm. The session is open to everybody, regardless of age, ability or gender and will be co-led by Lucie White and Anna James.

Dance Leader, Lucie White, said *"Hi everyone, my name is Lucie White, and I am looking forward to our new dance session starting in Blackburn. I will be working with Anna the Dance Artist. I love to dance as it makes me feel good. This will be my first chance to carry out a leadership session of my own since becoming a Dance Leader. I am very grateful to DanceSyndrome for giving me the opportunity to do this. I love my DanceSyndrome family and all the friends I have made. I hope we get lots of people come to this session."*

Dance Artist Anna James said *"I am super excited to be co-leading this brand new community Everybody Dance session in Blackburn with Lucie! I had the pleasure of working with Lucie whilst she was training to be a qualified Dance Leader and she is full of great ideas! In our Everybody Dance class we will explore moving through varying exercises and we have lots of themes planned to inspire creativity in the sessions. We are both excited to meet new people and share ideas with the groups. Co-leading with Lucie is so much fun."*

DanceSyndrome have been able to open this new session as part of a £179,483 project funded by The National Lottery Community Fund. This funding supports expanding the Everybody Dance provision to make positive changes for more people with learning disabilities across the North West.

The charity will deliver weekly dance sessions, accredited dance leadership training and inspiring performances that demonstrate the power of inclusion through dance. The aim of the project is that people who participate will gain independence, confidence, better communication, and social skills and see improvements in their health and wellbeing. Through a shared love of dance, people will feel connected with their communities and become less isolated.

DanceSyndrome Managing Director Julie Nicholson said *"DanceSyndrome has been working hard to build connections in the Blackburn area over the last year and we know that there is a lot of demand for a dance session that is inclusive of everyone. DanceSyndrome believes that there is beauty and significance in all movements, there is no "right" or "wrong" way to dance. We invite people of all abilities to come along a enjoy moving to music in a way that is meaningful and enjoyable for them. Everyone who take part has fun and goes away feeling better, both physically and mentally. We really believe that everybody can dance!"*

For more information about the sessions or to book a place online, visit [www.dancesyndrome.co.uk/sessions](http://www.dancesyndrome.co.uk/sessions) or email [info@dancesyndrome.co.uk](mailto:info@dancesyndrome.co.uk)





more than words 

# Boogie Nights



**Inclusive Clubnights** 

Third Wednesday of the month:  
 18 Jan, 15 Feb, 15 Mar, 19 Apr, 17 May, 21 Jun, 19 Jul,  
 16 Aug, 20 Sept, 18 Oct, 15 Nov, 20 Dec 2023

6.30pm to 9.30pm at  
 Unit 2 The Edge, Pottery Terrace, Wigan, WN3 5DN

Soft drinks and snacks available, bring your own alcohol.  
**£5.00 entry, PAs/support workers free.  
 Pay on the door.**



**ON THE BEAT**

**£5**

**Wednesdays**  
 10am & 12pm  
 please call for term dates

Music sessions for age 18+  
 Including a range of musical activities to ensure that everyone is able to express themselves in different ways. With an emphasis on inclusivity, personal development and fun, the sessions last 90 minutes and will include a tea break for a bit of social time.

Book online at  
[moremusic.org.uk/whats-on/on-the-beat/](http://moremusic.org.uk/whats-on/on-the-beat/)  
 or call 01524 831997



## Peer Support Group "FATNANAEE"

**Zen Doodling** 

**Puppet Making** 

**Wet Felting** 

**Christmas Decorations** 

**Card making** 

**Family Tree** 

**Friendship Games** 

A CRAFTY MINDS GROUP TO SUPPORT SOCIAL INTERACTION, INCLUSIVITY AND WELLBEING

**TUESDAYS**  
 12.30PM - 2PM

**£3 PER SESSION**

For more details and to book a space contact:  
 E: [info@spring-projects.co.uk](mailto:info@spring-projects.co.uk) / T: 01254 457026  
 Or book your space at: [www.spring-projects.co.uk](http://www.spring-projects.co.uk)

Oswaldtwistle Mills Conference Centre,  
 Pickup Street, Accrington, BB5 0EY

# CELEBRATION OF ALL ABILITIES

Set in the lovely Lancashire seaside town of St Annes on the Sea and overlooking the towns beautiful beach, the Dalmeny Resort Hotel is the perfect place for an action packed stay. Our busy entertainment schedule below is complemented by the hotels pool, gym, sauna, steam room, jacuzzi, arcade games room and squash court.

Come and celebrate all abilities with our 2 night package for 16-25 year olds within the SEND spectrum. The package is only £399 per person, including full board and carer goes free!

**TURKEY & TINSEL** **MONDAY 6 NOVEMBER - SOLD OUT** **TUE 8 NOVEMBER - £399**  
**MONDAY 4 DECEMBER - WEDNESDAY 6 DECEMBER - £399**

TIME	MON	TUE	WED
10:00 - 11:00		DIY Crafts	DIY Crafts
11:00 - 11:45		Gym fitness class	Check out
11:45 - 13:30		Packed lunch	
13:30 - 14:00		Scavenger hunt & prizes	
14:00 - 14:30	Arrival coffee / tea & crafts	Fun with food crafts	
15:00 - 16:30	Pool Party	Pool party	
19:30 - 20:30	Cheesy disco & karaoke	Comedy show & karaoke	

**EXTRAS**  
 Optional extras to book during your stay:

- Mini mani/pedi
- Foot massage
- Afternoon tea
- Personal training session
- Dance classes
- Learn to play squash
- Dodge ball

Please note this is a sample schedule





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 RESORT HOTEL

01253 712236 | [DALMENYHOTEL.CO.UK/CELEBRATION-OF-ALL-ABILITIES](http://DALMENYHOTEL.CO.UK/CELEBRATION-OF-ALL-ABILITIES)



# Young People Living with Pain

## Support Group

This group offers a safe space for people living with pain to meet together and share lived experiences. It's aimed at members between 18 and 40 years old.

**Meets Wednesdays Fortnightly**

**10.30am – 11.30am**

**Wellness Café**

**Bamber Bridge Methodist Church, Station Rd.**

Please contact Lucy Jones on the contact details below for further information.

The Wellness Café offers a range of reasonably priced drinks and snacks. There is a small free to use car park in front of the building or ample on street parking on side streets surrounding the venue.

If you have any questions or wish to be added to the group mailing list please contact Lucy Jones

Contact No. 01772 520857 or Email [cad@lscft.nhs.uk](mailto:cad@lscft.nhs.uk)



£3 per session

For more info call 01254 475013

stanleyfctrust

www.stanleytrust.co.uk

ACCINGTON STANLEY COMMUNITY TRUST

# DISABILITY FOOTBALL

Thursdays 1pm  
Ages 16+

Venue : Hyndburn Leisure Centre/  
Stanley Sports Hub (summer)

## Café Autisan

A local landmark, **Café Autisan** is a popular venue immediately at the entrance of Whalley Abbey.

Here, we provide autistic adults with training and work experience, both retail and culinary—preparing them to eventually move into employment independently.

At Café Autisan, you can learn about food hygiene, and food preparation. You can learn to take food and drink orders, use a till and interact with customers – and all with the support of our team of autism specialists.

### NAS Day Opportunities

The **Opportunities Centre** runs every weekday, provides autistic adults with a supportive space to develop new skills, and work towards self-determined goals.

It also provides a venue for social interaction, as we offer a selection of group activities both in the Centre itself and out in the wider community.

**Some of the activities we offer include:**

- Arts and Crafts
- Cookery
- Baking
- Communication
- Social Eyes
- Literacy
- Numeracy
- Photography
- Swimming
- Money Management
- Trampolineing
- Music
- Travel Training
- Road Safety
- Food Hygiene
- Sensory Sessions
- IT Skills
- Internet Safety

**Questions?**  
Email [Rachel.Black@nas.org.uk](mailto:Rachel.Black@nas.org.uk)  
- or -  
Search for "NAS Centre Lancashire" online

**Want to come see us?**  
Café Autisan, Whalley Abbey, The Sands, Whalley, Clitheroe, BB7 9SS

## Ambitious youth network

**Are you 16-25?**  
**Are you autistic?**  
**Join our Ambitious Youth Network online platform!**

Meet new people in our peer support sessions and access paid opportunities to make things better for autistic people.

[ambitious-youth-network.ambitiousaboutautism.org.uk](http://ambitious-youth-network.ambitiousaboutautism.org.uk)

**Ambitious about Autism**

Ambitious about Autism is a registered charity in England and Wales: 1063184 and a registered company: 03075255.





## Supporting people who have Down's syndrome to live full and rewarding lives through accessing meaningful employment opportunities.

The Down's Syndrome Association developed the WorkFit programme to support people who have Down's syndrome to fulfil their career ambitions. We believe that everyone who has Down's syndrome can work if they want to and are supported to do so.

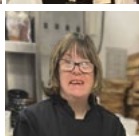
WorkFit Officers match candidates who have Down's syndrome with inclusive employers and support both parties at all stages of the process. WorkFit support is on-going for as long as it is needed by the candidate, their family and/or the employer.

### Why get a job through WorkFit?



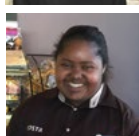
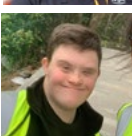
"My job makes me feel good and worthy. It has given me more independence. I like earning some money so that I can go out and buy things. I enjoy speaking to the customers and being part of the team."

James, Hospitality Assistant, South East



"We are so happy that Jack has a job and feels like other adults do when going out to work. Jack was listened to and included throughout the process. He is happy to go to work and looks forward to being paid and able to treat himself."

Parents of Jack, Recycling Operative, North East



### Through WorkFit you can:

- Do work that **interests you and fits your skills and aptitude**
- Be supported in **professional and personal development** to understand your work options and progress your career
- Enhance your **confidence and independence** through learning new skills
- Meet new people**, build your social networks and really feel part of a team
- Earn a wage**, giving you more spending power and choices

**Our candidates tell us that they feel happier and healthier since starting their jobs.**

### Hear what our candidates are saying...

We have many different types of opportunities across different industries so we can help you find something to suit your interests. Hear about our candidates' experiences:



Hetti, Café Assistant at Dunelm



Sam, Distribution Operative at GXO Logistics

[www.youtube.com/playlist?list=PLC3F8BB776F3FE002](https://www.youtube.com/playlist?list=PLC3F8BB776F3FE002)

### How WorkFit will support you...

Our dedicated and knowledgeable team of **WorkFit Officers support candidates and employers throughout the process.**

As a first step, your WorkFit Officer has a discussion with you to **create a Vocational profile**. This records your interests, skills and career ambitions. We can also support you to create your CV.

There are a **range of opportunities you could consider** such as paid work, work experience placements (paid or unpaid), volunteering, supported internships or supported apprenticeships.

Your WorkFit Officer will work with an employer in your area to **develop and tailor a suitable role for you**. The employer will be provided with a **bespoke training session** and given support and advice on any reasonable adjustments to ensure that they are confident to support you in the role.

Before you start the job, you can go along to meet the **potential employer and work buddies and have a tour of the workplace**. When you start the job the employer will train and support you with advice from your WorkFit Officer. Your work buddy will work beside you to help you learn the tasks and get to know everyone.

[www.dsworkfit.org.uk/i-want-to-work](http://www.dsworkfit.org.uk/i-want-to-work)

**If you are already registered, we look forward to supporting you to start work.**



Phone 0333 1212 300

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Learning Disability Awareness week runs yearly to raise awareness about important issues, fighting stigma and discrimination in a hope to improve the quality of life for individuals with learning disabilities.

This year the Learning Disability Teams have taken inspiration from the Mencap theme; busting the myths about living life with a learning disability. We hope to show the incredible things that people with a learning disability achieve, and support in raising awareness of some of the stigmas that still need addressing.

Plans are on the way to make this week full of events to support with this campaign. So far our peer support workers are doing lots of work around telling their story of living life with a learning disability and their achievements. We have an online session for GP's taking place focusing on growing older with a learning disability; and features Men's Health, Cancer Screening and growing

older with a presentations from local experts/GP's and our professionals from the Learning Disability Team. We also plan to reach out to children with learning disabilities, their parents and carers to share their stories and achievements.

Leading on LD Week this year in LSCFT are: Sarah Norris and Jen Yates (Community Specialist Practitioner Students)

You can find out more about Learning Disability in Lancashire here: [www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/health-and-wellbeing/learning-disabilities-and-autism](http://www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/health-and-wellbeing/learning-disabilities-and-autism) or by searching "learning disability" in the SEND Directory at: [www.lancashire.gov.uk/SEND](http://www.lancashire.gov.uk/SEND)

You can keep up to date and follow Learning Disability awareness week 2023 with Mencap here: [www.mencap.org.uk/LDWeek](http://www.mencap.org.uk/LDWeek)

# Learning Disability Awareness Week

19th-25th June 2023



Inclusive performing arts for Blackpool, Wyre and Fylde.

# MINI CHILDREN'S THEATRE

**INCLUSIVE THEATRE WORKSHOPS**

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**ONLY £50 PER TERM**



# CHILDREN'S THEATRE

**INCLUSIVE THEATRE WORKSHOPS**

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**ONLY £50 PER TERM**



# YOUTH THEATRE

**INCLUSIVE THEATRE WORKSHOPS**

**AGE 13-16 YEARS ONLY  
£50 PER TERM**



# YOUNG ADULT COMPANY

**INCLUSIVE THEATRE WORKSHOPS**

**AGE 17-24 YEARS**

**ONLY £50 PER TERM**



# VOLUNTEER AT TRAMSHED



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TRAMSHEDTHEATRE@HOTMAIL.CO.UK  
TRAMSHED.ORG.UK







Hello, I'd like to introduce myself to you as the new Manager of the SEND Partnership.

I'm Jenny Ashton and started in post on 1 February 2023.

I trained as a nurse and worked for the NHS for over 15 years with babies and children. After having our fourth child, I re-trained as a science teacher, gaining Qualified Teacher and Early Years Professional Status. I worked in Children's Centres delivering support to children in nurseries and reception to help them listen, follow instructions and take turns, improving confidence, self-esteem and school readiness. For the last 8 years I have worked in the Multi-Agency Safeguarding Hub advising and supporting nurseries, schools and colleges with Early Support, and Safeguarding queries.

I understand the challenges faced by families who have a child with Special Educational Needs and Disabilities, as I have lived experience being a parent of a child diagnosed with Autism, and associated anxiety and depression.

I am passionate about us working together in partnership, listening and valuing your feedback about how you find caring for a child with SEND.

Part of my role is co-chairing the Communications Priority Group with the chair of the Lancashire Parent Carer Forum Sam Jones, and we (in co-production with others) have recently updated the Working Together Strategy 2023-2025, which we would also welcome your feedback on.

I provide the conduit between all partners, including children, young people and their families and aim to ensure action is taken to implement The SEND Plan 2021-2025, supporting the management of the SEND Partnership work programme.

There are many challenges facing families who have children with SEND, and although I don't have a magic wand, I do believe that through improved understanding and communication we can work together more effectively.

Please don't hesitate to contact me at **SENDpartnership@lancashire.gov.uk**

Find out more about the Lancashire SEND Partnership at **[www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/lancashire-send-partnership](http://www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/lancashire-send-partnership)**



## Does your family include a child or young person with SEND?

You are invited to attend a drop-in **Information Event** In your local area

### SEND Information Events for Parents and Carers

Fun activities for children will be available – everyone welcome!

The Park Child and Family centre, Norfolk Grove, Accrington, BB5 4RY.  
Tuesday 16th May, 10am – 2pm.

Twinkle House, 2 Gorsey Place, Skelmersdale, WN8 9UP.  
Wednesday 7th June, 10am – 2pm

### SEND Family Fun and Information Events

Clitheroe Football Club, Shawbridge, Pendle Road, Clitheroe, BB7 1LZ.  
Wednesday 28th June, 10am – 2pm.

West Paddock Youth Zone, West Paddock, Leyland, PR25 1HR.  
Monday 17th July, 10am – 2pm



- Find out what's on offer in your local area
- Discover local support groups
- Understand what services are available
- Refreshments will be provided

Representatives from the following services will be available at some or all of the events:

- Lancashire Parent Carer Forum
- Break Time
- Inclusion Service
- Specialist Teaching Service
- Lancashire Local Offer
- Designated Clinical Officer Service
- POWAR youth voice group
- SEND Information, Advice and Support Team
- FIND Newsletter
- Young people's groups
- Transitions
- Plus local service providers, support groups and lots more!

Between August 2022 and July 2023, we are planning 24 events, to take place in all districts of Lancashire. Further dates will be shared on the Local Offer website and facebook page.

[www.lancashire.gov.uk/SEND](http://www.lancashire.gov.uk/SEND) [www.facebook.com/LancashireLocalOffer](https://www.facebook.com/LancashireLocalOffer)



Toy Library for children with disabilities and additional needs aged 0-18 years

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uniquetoyz01@gmail.com

Funded By



## Lancashire SEND IAS

Information, advice and support for Special Educational Needs and Disability



### Making Sense of Special Needs

A FREE 6-week course for parents or carers of children and young people with special educational needs or disabilities [SEND]

Does your child struggle at school?

Do you know what help may be available for them?

Are you confused by the words and abbreviations that are used in meetings?

Do you know how to find information, advice and support for your yourself?

Would you like to know more?

Lancashire SENDIAS have a 6-week course for parents and carers to help them understand more about the special needs process in Lancashire.

This course will be run by Trinity Special Needs Advice Partnership and you can join either face to face or on a 'virtual' course via ZOOM.

There will be a limit on numbers on each course, so you will need to book a place. For more details please email [trinitysnap17@gmail.com](mailto:trinitysnap17@gmail.com)

Trinity Special Needs Advice Partnership  
[Trinitysnap17@gmail.com](mailto:Trinitysnap17@gmail.com)

Charity No: 1187870  
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# FLEETWOOD BEACH WHEELCHAIRS

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**Making Memories**



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W: [fleetwoodbeachwheelchairs.co.uk](http://fleetwoodbeachwheelchairs.co.uk)

### BEACH SCAVENGER HUNT

HOW MANY DID YOU SEE?

DATE:

- |                          |  |            |                          |  |            |
|--------------------------|--|------------|--------------------------|--|------------|
| <input type="checkbox"/> |  | FISH       | <input type="checkbox"/> |  | CRAB       |
| <input type="checkbox"/> |  | SEAGULL    | <input type="checkbox"/> |  | SEAWEED    |
| <input type="checkbox"/> |  | SHELL      | <input type="checkbox"/> |  | STAR FISH  |
| <input type="checkbox"/> |  | SURFER     | <input type="checkbox"/> |  | SANDCASTLE |
| <input type="checkbox"/> |  | BOAT       | <input type="checkbox"/> |  | BUCKET     |
| <input type="checkbox"/> |  | SPADE      | <input type="checkbox"/> |  | SUN HAT    |
| <input type="checkbox"/> |  | SWIMMER    | <input type="checkbox"/> |  | BEACH BALL |
| <input type="checkbox"/> |  | FLIP FLOPS | <input type="checkbox"/> |  | UMBRELLA   |
| <input type="checkbox"/> |  | DOG        | <input type="checkbox"/> |  | DECKCHAIR  |



[www.bakerross.nl](http://www.bakerross.nl) © Baker Ross Ltd. 2022. Harlow, CM19 5AW, UK.

You can download and print this list and other free activity sheets at:  
[www.bakerross.co.uk/craft-ideas/category/printables/occasion-printables/summer07](http://www.bakerross.co.uk/craft-ideas/category/printables/occasion-printables/summer07)



# Lancashire County Council – contact details

[www.lancashire.gov.uk/council/get-involved/contact](http://www.lancashire.gov.uk/council/get-involved/contact) Email: [enquiries@lancashire.gov.uk](mailto:enquiries@lancashire.gov.uk)

	Service	Number
Corporate Services	Signposting / General enquiries	0300 123 6701
	Libraries	0300 123 6703
	Library Service Automated Renewal Line	0300 123 6704
	Registration and Certification Service	0300 123 6705
	School Admissions	0300 123 6707
	School Appeals	0300 123 6708
	Lancashire Adult College	0300 123 6709
Care Connect	Social Care	0300 123 6720
	Safeguarding Adults	0300 123 6721
	Emergency Duty Team	0300 123 6722
Travel and Transport	Blue Badges	0300 123 6736
	NoW Card	0300 123 6737
	Schools Transport	0300 123 6738
Local Inclusion Offices	South (Preston, Chorley, South Ribble, West Lancashire)	01772 531 597
	East (Hyndburn, Ribble Valley, Pendle, Burnley, Rossendale)	01254 220 553
	North (Lancaster, Fylde, Wyre)	01524 581 200
Other Useful Numbers	Family Information Service	0300 123 6712
	Carers Lancashire	0345 688 7113
	SEND Information, Advice and Support Team	0300 123 6706
	Children & Family Wellbeing Service	0800 511 111

*Dear FIND,*

After being part of the FIND since 2009, I am stepping down from my role on the Editorial Team as my daughter has now turned 18 and has moved into Adult services.

I would wholeheartedly encourage other parents to get involved in this very important group to ensure that fellow parents' voices and views are heard and represented.

Although being on an Editorial Team can sound daunting, it is actually quite fun and doesn't take up too much of your time. We only meet 'virtually' four times a year and the role is to gather information and promote services for children with disabilities and their families.

I've met many lovely people along the way and I've been involved in some exciting projects like Aiming High and also the Parent Carer Forum.

Finally I would like to thank all those who have been involved with FIND over the years and wish you all well for the future.

Best wishes, **Nannette Holliday**



Thank you Nannette for all your help and contributions to FIND over the years, you have been such an important part of the team. Best wishes to you and your family as you move forward in your journey.

The Editorial team

## Your Help Is Essential

We would welcome contributions from Children, Young People, Parent Carers, Voluntary and Statutory Agencies:

- Are you involved with a project or group you would like to promote
- Details of forthcoming diary dates
- Opportunities for Children and Young People with SEND
- Any ideas, views, letters, poems, etc, you would like to share
- Useful websites that you would recommend to other families

Contributions for future issues – please contact us.

Email: [FIND@lancashire.gov.uk](mailto:FIND@lancashire.gov.uk)  
Tel: 01772 538077



Do you have anything to share in the SEND Newsletter? We would love to hear from you!

## Editorial Group

### Lancashire County Council

Sarah.deady@lancashire.gov.uk  
Anna.burkinshaw@lancashire.gov.uk

### Parent Representatives\*

Nannette Holliday – Chorley  
Lucy Ellis - Lancaster  
Trish Dobson - West Lancashire

\*Parent carers from other areas interested in joining the group, please contact us (details above).

### Voluntary Organisation

Tom Harrison – Community East Lancashire  
Sam Jones – Chair, Lancashire Parent Carer Forum

### Health

Clair Martin – Designated Clinical Officer, North Locality

**Autumn issue** – deadline for articles 30th June, published September 2023

**Winter issue** – deadline for articles 29th September, published December 2023

**Spring issue** – deadline for articles 5th January, published March 2024

If undelivered, please return to:  
Room CH1:58, County Hall, Preston,  
Lancashire PR1 8RJ

If you would prefer to receive SEND in a different format, or if you no longer require a copy, please call **01772 538077** or email [FIND@lancashire.gov.uk](mailto:FIND@lancashire.gov.uk)



We also have a facebook page.

For regular updates, please 'like' our page at: [www.facebook.com/LancashireLocalOffer](http://www.facebook.com/LancashireLocalOffer)

## Get this free newsletter sent to your door

If families would like to have a free copy of the SEND Newsletter delivered to their home 4 times a year, please register online at: [www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/getting-help/family-information-network-directory](http://www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/getting-help/family-information-network-directory)

To Professionals – please email [FIND@lancashire.gov.uk](mailto:FIND@lancashire.gov.uk)

You are welcome to photocopy, display and distribute this newsletter

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